Dunbartonshire A.A.A.

Cross Country Relay Championships

(Under UK Athletics Rules. scottishathletics Permit)

DECLARATON FORM – for all age groups except Under 11

PLEASE PRINT CLEARLY AND COMPLETE A SEPARATE FORM FOR EACH TEAM

CLUB	•		TEAM DESIGNATION: *	:	Race:**	Race No: ***
STAGE	CAT#		NAME	E		
1						
2						
3						
4						
* Insert ".	A", "B" etc	** Insert age group/category eg young	females, senior me	en *** To be	completed by Dec	claration Officials
# Please i	indicate (J) fo	r Junior (S) for Senior (V) for Veteran, Ul	3, U15, U17 as ap	plicable for e	very athlete ente	red
Note: Senior, Junior and Veteran Men 4 laps. All other categories 3 laps.						
Signed		Team N	Ianager Date			